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Level 2 Certificate in Awareness of Mental Health Problems

Location	Offsite
Course Type	Adult
Department	Childcare & Education
Start Date	Tuesday 1st August 2023
Duration	Part-time, 1 Year
Time	00:00 - 00:00
Fee	£ 362.05 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	XPQ-DL2C-1001

Course Overview

FLEXIBLE ONLINE LEARNING

This qualification is designed for anyone who is looking to develop their understanding of mental health and the problems that can cause mental ill-health.

This self-learning course has been developed to fit around you and your lifestyle.
Assignments can be completed online or in a workbook format.
You will be assigned a tutor who will be available to offer guidance and support through your learning journey.

Course Requirements

Aged 19+
Lived in the UK for 3 years

What You Will Learn

Objectives;

Develop an understanding of the specific mental health topics
Develop an understanding of symptoms,
Develop an understanding of support needs
Develop an understanding of how the disorder can be managed by stakeholders at different levels.

Assessment

Assignments can be completed online or in a workbook format

Progression

Upon successfult completion of the course students may progress to the fleixible Level 2 Certificate in Information, Advice or Guidance or Level 2 Certificate in Understanding Safeguarding and Prevent courses.

Career Options

Completing a Level 2 Certificate in Awareness of Mental Health Problems is a great starting point for gaining basic knowledge about mental health issues. While this level of certification may not qualify you for direct clinical practice, it can open doors to various entry-level positions and provide a foundation for further education and career development. Here are some potential career options:

Mental Health Support Worker: Work as a support worker in a variety of settings, such as residential care facilities, community organisations, or outreach programs. Your role may involve assisting individuals with mental health problems in their daily activities, providing emotional support, and helping them access resources.

Healthcare Assistant: In healthcare settings, you can work as an assistant supporting individuals with mental health issues. This could be in hospitals, clinics, or other medical facilities, collaborating with healthcare professionals to ensure patients' well-being.

Community Outreach Worker: Engage in community-based work, raising awareness about mental health issues and connecting individuals to appropriate resources. This role may involve organizing events, workshops, or support groups to promote mental health awareness.

Peer Support Worker: Use your own experiences with mental health to provide support and understanding to others facing similar challenges. Peer support workers often work in collaboration with mental health professionals and can be valuable additions to mental health teams.

Administrative Roles in Mental Health Organisations: Many mental health organizations and nonprofits need administrative support. You could work in roles such as receptionist, administrative assistant, or data entry clerk, gaining exposure to the mental health field while contributing to the organisation's operations.

Care Coordinator Assistant: Support care coordinators or case managers in organising and coordinating services for individuals with mental health problems. This role may involve communication with clients, healthcare providers, and social services.

Social Services Assistant: Assist social workers in providing services to individuals and families dealing with mental health challenges. This could involve helping clients access social services, financial assistance, and other resources.

Education and Training Assistant: Work in organisations that provide mental health education and training programs. Assist in the development and delivery of workshops or courses aimed at raising awareness and reducing stigma surrounding mental health.

Volunteer Coordinator for Mental Health Programs: Coordinate volunteers involved in mental health programs or initiatives. This role may include recruitment, training, and supervision of volunteers working in mental health promotion and support.

Customer Service Roles in Mental Health Hotlines: Work in customer service roles for mental health hotlines or crisis intervention services. Training in communication and crisis intervention skills is crucial for these positions.

While these options provide a starting point, keep in mind that further education, training, and experience may be necessary for career advancement or transitioning into more specialised roles within the mental health field. Additionally, networking, volunteering, and seeking mentorship can be valuable strategies for building a successful career in mental health.

Mandatory Units

You will achieve a total of 13 units;

Understanding mental health
Understanding dementia
Understanding stress
Understanding eating disorders
Understanding anxiety
Understanding bipolar disorder
Understanding phobias
Understanding Obsessive Compulsive Disorder -OCD
Understanding depression
Understanding Post-Traumatic Stress Disorder -PTSD
Understanding postnatal depression
Understanding schizophrenia
Understanding Attention Deficit Hyperactivity Disorder -ADHD

Contact Details

For further information please contact T: 0161 886 7070 or E: info@trafford.ac.uk

Disclaimer

Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.