

Level 3 Certificate in Effective Coaching

Location	Stockport College.
Full/Part time	Part-Time
Department	Professional Studies

Course Overview

This course provides you with the required knowledge, skills and understanding in order to effectively coach others within an organisational context. These qualifications are for those at all levels who want to develop their coaching knowledge, skills and understanding in order to enhance their ability and confidence in coaching. The qualifications are ideal for both new and existing coaches.

Benefits for individuals:

1. Know what it takes to be an effective coach
2. Understand how coaching works
3. Learn a recognised coaching model, and the tools and techniques to support it
4. Put your new skills into practice and carry out supervised coaching sessions
5. Analyse coaching performance in order to improve own ability

This course runs for 3 hours per week for 10 weeks.

Course Start Date

18/10/2023

Course Duration

Part-Time

Course Requirements

You must be aged 19+. You are expected to have achieved a minimum of 4 GCSEs including Maths and English at a grade C or above. You will be asked to complete an initial assessment to ensure literacy skills are sufficient to do well on the course. You should have a level 2 for both Maths and English to commence the

programme or be working at this level.

You must have access to a computer/laptop at home supported by Wi Fi. This is to enable access to all online materials throughout the programme via Microsoft Teams.

Course Skills & Benefits

Benefits for individuals:

- 1. Know what it takes to be an effective coach**
- 2. Understand how coaching works**
- 3. Learn a recognised coaching model, and the tools and techniques to support it**
- 4. Put your new skills into practice and carry out supervised coaching sessions**
- 5. Analyse coaching performance in order to improve own ability**

Benefits for employers and educators:

- 1. Implement coaching to improve organisational performance.**
- 2. Ensure the individuals developed as coaches are equipped with the skills, knowledge and understanding they require.**
- 3. Develop a coaching culture in your organisation by developing highly effective coaches.**

Mandatory Units

Understanding Good Practice in Coaching within an Organisational Context

Undertaking Coaching within an Organisational Context

Reflecting on Coaching Skills within an Organisational Context

Course Progression

These qualifications will provide progression opportunities to a range of qualifications such as:

ILM Level 3 Award or Certificate in Effective Mentoring

ILM Level 3 Certificate in Effective Coaching and Mentoring

ILM Level 3 Certificate or Diploma in Leadership and Management

ILM Level 5 Certificate or Diploma in Effective Coaching and Mentoring

Course Assessment

Assessment will be through a range of methods including written reports and carrying out interviews.

Course Finance

The Tuition fee for this course is £450.