

## General Enquiries

Tel: 0300 300 0090

Email: [enquiries@stockport.tscg.ac.uk](mailto:enquiries@stockport.tscg.ac.uk) Website:  
[stockport.tscg.ac.uk](http://stockport.tscg.ac.uk)



## Wellbeing Hand and Nail Care

Location	Stockport College
Course Type	Adult
Department	Beauty Therapies
Start Date	Thursday 25th April 2024
Duration	Part-time, 1 Weeks
Time	12:00 - 14:00
Fee	£ 17.50 You may be eligible for support with your tuition fees - please visit the college website - funding and finance page for further information
Course Code	SPQ-BYXZ-1300

## Course Overview

This course is designed as a community, taster course. Perhaps you work in a salon and want to upskill, or you may want to break into the sector - whatever your reasons, these courses will progress your career and allow you to deliver a range of treatments. Delivered by industry-experienced tutors, many of these courses have clear progression routes, so you could start at introduction then progress up to Level 4.

## Course Requirements

There are no entry requirements just a keen interest in the Beauty industry, especially nail art and hand massage.

## What You Will Learn

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Students will acquire the skills and knowledge necessary to perform basic manicure treatments while gaining a broader understanding of hand care practices. The curriculum covers various essential aspects of manicure services, including:

**Understanding the Structure of the Nail:** Participants will learn about the anatomy and structure of the nail, including the different layers and components that contribute to its health and appearance. This foundational knowledge will enable them to identify common nail conditions and address them effectively.

**Filing Techniques, Cuticle Work, and Hand and Arm Massage:** Learners will master the art of nail shaping using proper filing techniques, ensuring precision and symmetry in manicure services. They will also develop proficiency in cuticle care, including the gentle removal of excess cuticle tissue to promote nail health and aesthetics. Additionally, participants will learn relaxation and rejuvenation techniques through hand and arm massage, providing clients with a soothing and pampering experience.

**Light Polish Application:** The course will cover the application of light polish, including base coat, color, and topcoat, to achieve a flawless and long-lasting finish. Participants will learn proper polish application techniques, including brush control and layering, to create professional-looking manicures.

Throughout the program, emphasis will be placed on hygiene practices, client communication, and professional conduct to ensure high-quality and safe manicure services. By the end of the course, learners will be equipped with the practical skills and theoretical understanding to deliver exceptional manicure treatments and promote hand health and wellness effectively.

## Assessment

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Assessment will be conducted through a combination of practical observation and structured question-and-answer sessions (Q&A).

## Progression

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Upon successful completion of the course, individuals have the opportunity to advance to the Level 1 and Level 2 beauty therapy programs. Additionally, our department offers a range of supplementary taster courses to further enhance your skills and knowledge in the field.

## Career Options

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Upon completing this course, learners will unlock a myriad of career options within the thriving beauty and nail industry. These opportunities include:

**Beauty/Nail Salon Employment:** Graduates can pursue rewarding careers as manicurists or nail technicians in beauty salons, nail bars, spas, and wellness centres. They will have the chance to showcase their skills in providing manicure treatments while delivering excellent customer service. Employment in these establishments offers the chance to work alongside experienced professionals, gain valuable hands-on experience, and build a loyal client base.

**Specialized Nail Technician:** With further training and certification in specialised areas such as acrylic nails, gel nails, nail art, or nail extensions, individuals can carve out niche roles as specialized nail technicians. These professionals cater to clients seeking intricate and customised nail designs or enhancements, offering unique services that set them apart in the industry.

**Freelance Manicurist:** Graduates may choose to work as freelance manicurists, providing on-demand services to clients in their homes, offices, or events such as weddings, parties, and photo shoots. This flexible career path allows individuals to set their own schedules, establish their rates, and build a loyal client base while enjoying the freedom of being self-employed.

**Mobile Nail Technician:** Another option is to operate as a mobile nail technician, offering convenience to clients by providing manicure services at their preferred location. This can include visiting clients' homes, workplaces, or other designated venues, offering personalized and convenient nail care services tailored to their needs.

**Entrepreneurship:** For those with an entrepreneurial spirit, starting their own beauty salon, nail spa, or mobile nail service business is a viable option. This path allows individuals to showcase their creativity, business acumen, and passion for the beauty industry while building their brand and establishing themselves as leaders in the field.

Overall, the completion of this course opens doors to a wide range of exciting career opportunities within the beauty and nail industry, whether as employed professionals in established salons or as self-employed entrepreneurs shaping their destinies in the world of beauty and nail care.

## Mandatory Units

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There are no mandatory units as this is a non-accredited course.

## Contact Details

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For further information please contact T: 0161 886 7070 or E: [info@trafford.ac.uk](mailto:info@trafford.ac.uk)

## Disclaimer

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Although every care has been taken to ensure that the information contained within this document is accurate, there may be changes to this programme and provision. We will endeavour to keep prospective and current students updated where appropriate and when the information becomes available.